



Service	Name	Contact/Hours	Details
Crisis Pregnancy Hotline	Project Cuddle	(888) 628-5535 Text: (714) 448-8323 Email Available 24 hours a day, seven days a week	Confidential and non-judgmental support and information Referrals for help with supplies, healthcare, and other needs
Government Services	Health Department	Warren County 465 W. 15 th St Suite 200 Front Royal, VA (540) 635-3159 Frederick/Winchester	



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Baby Supplies	C-CAP	112 S Kent St. Winchester, VA (540) 662-4318	<p>Clothing and shoes Diapers Children's books Breast pumps Linens and blankets</p> <p>New clients must provide: Proof of residency (lease, rent receipt, or utility bill) Photo ID Proof of income (pay stub) Children's birth certificates</p> <p>Homeless recipients may receive exemptions for requirements.</p>
Breast Pump Supplies	Insurance Covered Breast Pumps	(888) 510-5100	Breast pumps shipped to your home, covered by insurance. Accepts a wide variety of insurance plans.
Child Safety Seat	Virginia Department of Health Safety Seat Distribution and Education Program	<p>To apply and schedule a training appointment:</p> <p>Clarke County (540) 955-1033</p> <p>Frederick County/ Winchester (540) 722-3470</p> <p>Page County (540) 743-6528</p> <p>Shenandoah County (540) 459-3733</p> <p>Warren County (540) 635-3159</p>	<p>To qualify for a free child safety seat or booster, applicants must be:</p> <p>Eligible for WIC, Medicaid or FAMIS A resident of Virginia A custodial parent, legal guardian, or foster parent of a child who is 7 years old or younger or is in the last trimester of pregnancy</p> <p>Must attend a safety seat installation and use class in its entirety and sign a waiver of liability release form.</p>
Family Assistance	Page One	<p>35 N Bank St Luray, VA (540) 743-4863 Email</p> <p>Hours: Mon, Tues, Thurs, 8:30 am - 11:30 am</p>	<p>Food Assistance Financial Assistance</p> <p>For Food Assistance, bring your ID.</p> <p>For Financial Assistance, bring with you: Photo ID Bills you need assistance with or rent notice Proof of income (pay stub or tax form)</p>



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Formula Supplies	Insurance Covered Formula	(888) 510-5100	Baby formula shipped to your home, covered by insurance. Accepts a wide variety of insurance plans.
NICU Baby Supplies	Lily's Hope Foundation	(267) 776-HOPE Email	NICU hospital package Discharge transition to home package Sibling package Request support via the website form.
Paternity Establishment	Virginia Paternity Establishment Program	(866) 398-4841 Email	Unmarried parents can sign a Voluntary Acknowledgement of Paternity at the hospital prior to discharge to have the father's name included on the birth certificate. Both parents must provide a photo ID and sign in the presence of a Notary. This is free if it is done at the hospital. After 7 days from the child's birth, there is a \$10 fee for amending the birth certificate to include the father's name in addition to a \$12 fee for the new certificate.

